



2019-2020

# Middle & High School Programs

## No More Drama

Anti-bullying program looking at gossip, rumors and how friends can even become your bully. Discussion on types of bullying and ways bystanders can help others who are victims of bullying.

- **Improve knowledge of healthy verses unhealthy friendships, words and actions**
- **Increase positive interactions while decreasing negative**

## Internet Safety

With the explosion of social media, teens are losing out on the ability to learn and read non-verbal behavior properly and are constantly connected to their electronic devices. Discuss problems and dangers of social media and the consequences.

- **Problems and dangers of social media**
- **Consequences of inappropriate behaviors**
- **Cyberbullying and resolving the dangers**

## Things To Know Before You Say Go: Healthy Relationships

This Program will help reveal why it's essential to know ones own values and preferences - as well as those of a potential partner. Teens gain valuable tools for evaluating potential partners, examining past relationships and understanding why a current relationship may (or may not) be working.

## Speed Dating Program: Healthy Relationships

This activity is to raise awareness among students of the warning signs of an abusive personality. Participants will have the opportunity to date several actors in a speed dating scenario, and attempt to determine which red flag/warnings each actor is portraying.

## In Their Shoes: Teen Dating Violence and Abuse

Based on the experience of real life survivors, students engage in a simulation of walking in their shoes of various abusive and controlling relationships. The most critical part of this simulation is during the debrief. Discussions on feelings, misunderstandings and questions will be addressed.

For information on any programs or to schedule a presentation for your school, please contact Chandra Breese, Education Coordinator at (570) 823 6799 or by email to [cbreese@dvsclc.org](mailto:cbreese@dvsclc.org)

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Member Agency

